

Mee-Yah-Noh 2023-2024

Please dress your child for being outdoors EVERY day. Check the forecast each morning. See the tip sheet

- □ 1 lunch bag including fork/spoon
- A change of clothes to stay in backpack (shirt, pants, socks, underwear)
- □ 1 school backpack

- □ 1 reusable water bottle
- 1 pair indoor running shoes with non-marking soles, no laces unless your child can tie them please! They stay at school.

Please clearly write your child's name on all their belongings.



FOREST SCHOOL and OUTDOOR LEARNING (to be left at school):

- Splash pants (for wet/muddy/cool days)
- Extra mitts and warm hat (winter) Sun hat/baseball cap (fall/spring)
- Rubber boots for wet days...winter boots for cold days
- Sweater or hoodie for an extra layer as needed
- Rain poncho or rain coat (fall and spring)